

# Reaching for the Future

*from school to adult life*



*A Planning Guide for Students with Disabilities*

Sixth Edition



***Transition Planning*** is a process that develops a plan for students who are leaving school to achieve more rewarding adult lives. This brochure will provide resource information for these young adults. It lists Rockland County agencies that provide direct services or information in the areas indicated. This brochure will be a valuable guide for individuals with disabilities, parents, schools and adult service providers addressing the issues of transition.\*

The Rockland Committee for Transition Planning was organized at the beginning of the 1991-1992 school year to develop a reference guide to help in the transition process. This sixth revised edition was prepared by members of the Rockland Transition Consortium and the Rockland Employment Network to provide a useful tool in transition planning.

### ***Areas Covered in This Guide Are:***

- Education/Training/Employment
- Guardianship
- Residence/Respite
- Advocacy/Legal Assistance
- Financial Assistance
- Counseling
- Medical/Mental Health
- Self-Help Groups
- Recreation/Leisure
- Case Management Services
- Assistive Technology
- Information/Referral
- Transportation

### **ROCKLAND COUNTY SCHOOL DISTRICTS-TRANSITION COORDINATORS**

For information, contact the Transition Planning Coordinator through the Special Services/Pupil Personnel Office.

#### **SPECIAL EDUCATION DIRECTORS**

BOCES	627-4790	Dr. Mary Jean Marsico, Asst. Supt. for Special Student Services
Clarkstown	639-6442	Dr. Carol Gannon, Asst. Supt. for Pupil Services
East Ramapo	577-6044	Ms. Sherry Ehrlickman, Director of Special Education
Nanuet	627-9818	Ms. Donna Lennane, Director of Student Support Services
North Rockland	942-3430	Ms. Mari Rendich, Director of Special Services
Nyack	353-7036	Ms. Winsome Gregory, Asst. Supt. of Pupil Personnel Services
Pearl River	620-3939	Ms. Carolyn Moffa, Director of Special Services
Ramapo Central	357-3890	Mr. Reginald Warren, Director of Pupil Personnel Services
So. Orangetown	680-1025	Ms. Michelle Fenster, Dir. of Special Education and Student Services

#### **TRANSITION COORDINATORS**

Ms. Judy Hoffman
Ms. MaryBeth Coakley
Ms. Linda Zito
Ms. Donna Lennane
Mr. Joe Treff
Ms. Laverne Campbell
Ms. Carolyn Moffa
Ms. Robin Blum
Ms. Denise DuBois

- **NOTE:** Inclusion in this guide does not constitute an endorsement as to the quality of the services listed. Please note that some services may charge a fee.

# Education, Training and Employment

As students with disabilities move into the transitional phase of their high school years, they may be referred to VESID or CBVH for further vocational services. These services include, but are not limited to, vocational assessment, career counseling, job training and placement, and further education. Additional information about transition planning and adult vocational services is available from the school districts, the Committee on Special Education, or the adult services providers. Funding agencies for some services are:

NYS Education Department Vocational and Educational Services for Individuals with Disabilities (VESID) . . . . .	426-5410
NYS Commission for the Blind and Visually Handicapped (CBVH) . . . . .	914-993-5370

<b>Career Planning</b>	BOCES . . . . .	627-4700, 348-3500
	Rockland County Guidance Center . . . . .	358-9390
	Rockland Community College . . . . .	574-4312
	Tomorrow's Workplace . . . . .	356-5100
<b>Public Agencies</b>	NYS Commission for the Blind and Visually Handicapped . . . . .	914-993-5370
	NYS Department of Labor/Job Service Division . . . . .	426-2700
	NYS Education Department -VESID . . . . .	426-5410
	Rockland County Department of Mental Health . . . . .	364-2150
	Rockland Community Development Council, Inc . . . . .	352-1400
	Rockland County D.S.S. Employment Unit . . . . .	364-3143
	Tomorrow's Workplace . . . . .	356-5100

<b>Private Agencies</b> (including residential habilitation and day habilitation)	Abbott House . . . . .	914-591-7300	Hamaspik of Rockland . . . . .	356-8400
	Another Step . . . . .	920-0170	Jawonio, Inc . . . . .	634-4648
	AIDS Related Community Service (A.R.C.S.) . . . . .	356-0570	Lighthouse International . . . . .	888-222-9320
	ARC of Rockland . . . . .	267-2500	Mental Health Association of Rockland . . . . .	267-2172
	Association for the Visually Impaired . . . . .	574-4950	St. Dominic's Home . . . . .	359-3400
	Camp Venture Inc./Venture Industries . . . . .	624-3860	Summit School/Summit Children's Residence . . . . .	358-7772
	Community Action Partnership . . . . .	352-4167	YAI/Rockland County Assoc. for the Learning Disabled . . . . .	358-5700
	Epilepsy Society of Southern New York . . . . .	627-0627	Yedei Chesed . . . . .	425-7877

## Vocational Education/Adult Education/Job Placement

BOCES . . . . .	627-4700, 348-3500
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**Colleges:** In addition to degree programs, local colleges offer a variety of certificate and other non-degree programs which prepare students for specific fields of employment. These schools may have staff specifically assigned to help students with disabilities. For more information, contact either the Office of Admissions or the Office for Disabled Students at the school.

Dominican College . . . . .	359-7800
Nyack College . . . . .	358-1710
Rockland Community College . . . . .	574-4000
STAC Exchange at St. Thomas Aquinas LD Program . . . . .	398-4230
SUNY Empire State College . . . . .	708-7010

## EDUCATION, TRAINING AND EMPLOYMENT

# Residence & Respite

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## Residence

There is a variety of residential options available in the community for individuals with disabilities. The selection of an option is based on the extent of support the individual needs to maintain him/herself in the community. Help in the selection process may be found at the following agencies.



## Respite

Respite services provide assistance to families who need occasional relief from the stresses associated with caring for an individual with severe disabilities. Such services may be provided either at home or at an outside facility for a day, overnight or a weekend.

Abbott House	.914-591-7300
ARC of Rockland	.267-2500
Camp Venture Inc./Venture Industries	.624-3860
Crystal Run Village	.368-8668
Developmental Disabilities Services Office - HVDDSO	.947-6390
Eckerson Village	.368-2400 x 308
Hamaspik of Rockland	.356-8400
Jawonio, Inc	.634-4648
Loeb House	.735-0515
Mental Health Association of Rockland	.267-2172
Open Arms, Inc	.429-9514
Rockland County D.S.S. Emergency Shelter	.364-2907
Rockland Family Shelter (Domestic Violence)	.634-3319
Rockland Hospital Guild - C.L.U.E	.680-5420
St. Dominic's Home	.359-3400
Summit School/Summit Children's Residence Center	.358-7772
Tanglewood Acres	.623-4780
VISIONS	.212-625-1616
YAI/Rockland County Association for the Learning Disabled	.358-5700
Yedei Chesed	.425-7877
Another Step	.920-0170
ARC of Rockland	.267-2500
Camp Venture Inc./Venture Industries	.624-3860
Developmental Disabilities Services Office - HVDDSO	.947-6390
Haitian-American Organization	.352-5897
Hamaspik of Rockland	.356-8400
Jawonio, Inc	.634-4648
Mental Health Association of Rockland	.267-2172
St. Dominic's Home	.359-3400
S.H.A.R.E	.354-3233
Yedei Chesed	.425-7877

# Financial Assistance

The Government offers various types of benefits and financial assistance.

<p><b>Social Security Administration</b> Administers two types of disability benefit programs.</p>	<p>Social Security Disability Benefits (SSDB) .....800-772-1213 Supplemental Security Income (SSI) ..... 800-772-1213</p>
<p><b>NYS Department of Labor</b></p>	<p>Unemployment Benefits .....426-2700</p>
<p><b>Rockland County Department of Social Services</b></p>	<p>Food Stamps .....364-3353 Medicaid .....364-3040 Public Assistance .....364-3052 Rockland County D.S.S. Adult Services .....364-3410</p>
<p><b>Family Reimbursement Program</b> Help with selective uncovered expenses for individuals with developmental disabilities.</p>	<p>Hudson Valley Developmental Disability Services Office .....947-6390</p>
<p><b>Rockland County Department of Health WIC (Woman, Infants and Children)</b> A supplemental food program for pregnant and nursing mothers, infants and children under five years of age.</p>	<p>WIC (Women, Infants and Children) .....364-2577</p>
<p><b>Private Agencies</b> The following will, on occasion, provide temporary help for those in need.</p>	<p>American Red Cross .....358-0833 ARC of Rockland .....267-2500 Catholic Charities .....942-5791 Epilepsy Society of Southern New York .....627-0627 Haitian-American Organization .....352-5897 Hamaspik of Rockland .....356-8400 Hispanic Coalition/HOGAR Inc .....429-6050, 429-1100 Intercommunity Relations Council .....352-5808 Salvation Army .....620-7200 United Way of Rockland .....358-8929 Yedei Chesed .....425-7877</p>

**RESIDENCE & RESPITE**

**FINANCIAL ASSISTANCE**

# Medical & Mental Health

Individuals with medical and mental health concerns may seek assistance from hospitals, out-patient clinics and agencies addressing specific needs.

<b>Information and Referral</b>	Information Rockland . . . . .	.364-2020
	Rockland County Office for People with Disabilities . . . . .	.364-2758
<b>Hospitals</b>	Good Samaritan Hospital . . . . .	.368-5000
	Helen Hayes Hospital . . . . .	.786-4000
	Nyack Hospital . . . . .	.348-2000
	Rockland Children's Psychiatric Hospital . . . . .	.359-7400 x 4160
	Rockland Infirmary . . . . .	.364-2771
	Rockland Psychiatric Center . . . . .	.359-1000 x 3543
<b>Clinics</b>	Jawonio Article 28 Clinic . . . . .	.634-4648
	North Rockland Mental Health Clinic . . . . .	.429-4966
	Pomona Mental Health Clinic . . . . .	.364-2200
<b>Substance Abuse Services</b>	Good Samaritan Hospital/Frawley Clinic . . . . .	.368-5000
	Mental Health Association of Rockland County . . . . .	.267-2172
	Rockland County Department of Mental Health - Alcohol/Substance Abuse Services . . . . .	.356-4080
	Rockland County Department of Public Health - Public Health Agency . . . . .	.364-2542
	Russell E. Blaisdell Addiction Treatment Center . . . . .	.359-8500
	Ramapo Youth Counseling Services . . . . .	.352-8900
<b>Psychiatric Services</b>	Good Samaritan Hospital/Frawley Clinic . . . . .	.368-5000
	Mental Health Association of Rockland . . . . .	.639-7400
	Rockland County Department of Mental Health . . . . .	.364-2430
	Rockland Psychiatric Center . . . . .	.359-1000
<b>Rehabilitation Services</b>	Association for the Visually Impaired . . . . .	.574-4950
	Helen Hayes Hospital . . . . .	.786-4000
	Jawonio, Inc . . . . .	.634-4648
	National Multiple Sclerosis Society . . . . .	.914-694-1655
	Rockland County Department of Mental Health -Young Adult Center . . . . .	.364-2400
	Lighthouse International . . . . .	.888-222-9320
<b>Family Assistance</b>	American Red Cross . . . . .	.358-0833
	Catholic Charities . . . . .	.942-5791
	Planned Parenthood of Hudson/Peconic . . . . .	.426-7577
	Rockland County Department of Health WIC (Women, Infants & Children) . . . . .	.364-2577
	Yedei Chesed . . . . .	.425-7877
<b>HIV Screening</b>	AIDS Related Community Service (A.R.C.S.) . . . . .	.356-0570
	Planned Parenthood of Hudson/Peconic . . . . .	.426-7577
	Rockland County Department of Health . . . . .	.364-2516



# Recreation & Leisure

Recreation activities provide opportunities for social development and a more active lifestyle. Some organizations cater exclusively to people with disabilities, others to the general public.

## Organizations for people with disabilities

Another Step .....	.920-0170
ARC of Rockland .....	.267-2500
Camp Venture Inc./Venture Industries .....	.624-3860
Jawonio, Inc .....	.634-4648
Mental Health Association of Rockland-Friendship Club .....	.267-2172
NY Special Olympics .....	.429-7240
NYS Brain Injury Association at Helen Hayes Hospital .....	.786-4000
Rockland Independent Living Center .....	.426-0707
Russell E. Blaisdell Addiction Treatment Center .....	.359-8500
TOUCH .....	.268-8023
VISIONS-Vacation Camp for the Blind .....	.212-625-1616
YAI/Rockland County Assoc. for the Learning Disabled-Camp Promise .....	.358-5700

## Organizations for the general public



Arts Council of Rockland County .....	.426-3660
Hudson Valley Council of the Boy Scouts of America .....	.497-7337
Jewish Community Center -Y .....	.362-4400
Palisades Interstate Park Comm.-Rockland Lake State Park .....	.268-3020
Rockland Conservancy of Music .....	.356-1522
Rockland County Girl Scouts .....	.638-0438
Rockland County Police Athletic League (PAL) .....	.942-2098
Town of Clarkstown Parks & Recreation .....	.639-6200
Town of Haverstraw Parks & Recreation .....	.429-4099
Town of Orangetown Parks & Recreation .....	.359-6503
Town of Ramapo Parks & Recreation .....	.357-6102
Village of Spring Valley Parks & Recreation .....	.352-2005
YMCA of Nyack .....	.358-0245
YMCA of Suffern .....	.357-4404

# Assistive Technology

Assistive Technology is use of a device defined as "any item, piece of equipment, or product system, whether acquired commercially off-the-shelf, modified, or customized, that is used to increase, maintain, or improve the functional capabilities of individuals with disabilities". Evaluations for appropriate assistive technology equipment may be obtained at the following agencies.

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American Red Cross	.358-0833
BOCES	.627-4700
Crystal Run Village	.368-8668
Developmental Disabilities Service Office-HV	.947-6390
Helen Hayes Hospital-Center for Rehabilitation Technology	.786-4123
Jawonio, Inc.	.634-4648
Lighthouse International	.888-222-9320
Lower Hudson Valley Regional Technology Center	.914-493-1317
NYS Commission for the Blind and Visually Handicapped	.914-993-5370
NYS Education Department -VESID	.426-5410
Rockland County Department of Mental Health	.364-2200
Rockland County Independent Living Center	.426-0707

# Transportation

Rockland County residents with disabilities have access to various forms of public transportation. In addition there is a special bus service, T.R.I.P.S. which provides round trip transportation to doctors' offices, jobs, shopping and recreation for individuals with disabilities.

Half fare cards for some transportation services can be obtained from:

### Driver Training

Individuals with disabilities who may need specialized driver training can be evaluated at Helen Hayes Hospital. Charges for training may be covered by Medicaid, or by VESID, for those who qualify.

### Driver's License:

To obtain a driving permit, driver's license, or information contact:

### Travel Training

Some individuals with disabilities may need assistance in learning how to travel independently.

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Amtrak	.800-872-7245
ARC of Rockland (reservations must be made in advance)	.267-2500
Clarkstown Mini Trans	.623-0667
Red & Tan Lines	.356-0877
Rockland County Department of Transportation	.364-2064
TOR (Transportation of Rockland)	.364-2064, 634-1100
T.R.I.P.S. (reservations must be made in advance)	.354-8181
Jawonio, Inc	.634-4648
Mental Health Association of Rockland	.267-2172
Rockland County Department of Public Transportation	.364-2064
Helen Hayes Hospital	.786-4390
NYS Education Department -VESID	.426-5410
Department of Motor Vehicles	.800-342-5368
Rockland County Office for People with Disabilities	.364-2758
Association for the Visually Impaired	.574-4950
NYS Commission for the Blind and Visually Handicapped	.914-993-5370
NYS Education Department -VESID	.426-5410
T.R.I.P.S.	.354-8181

# Guardianship

Guardianship is the outcome of a legal process which designates a parent, another individual or organization to act on behalf of an individual who may be unable to manage his/her affairs without assistance, beginning at age 18.

To find out more about guardianship contact an attorney or the following agencies:

ARC of Rockland	.267-2500
Legal Aid Society of Rockland, Inc	.634-3627
VCS Student Advocacy	.914-347-7039

# Advocacy/Legal Assistance

Individuals with disabilities can obtain assistance to clarify and secure their rights through both advocacy groups and legal organizations.



## Legal Assistance

Legal Aid Society of Rockland County, Inc	.634-3627
Rockland County Commission on Human Rights	.638-5590
Rockland County D.S.S. Child Protective Services	.364-3512
Rockland County Probation Department - PINS (Persons in Need of Supervision)	.638-5544
Rockland County Public Defender's Office	.638-5660

## Advocacy Assistance

American Heart Association	.369-1320
American Red Cross	.358-0833
ARC of Rockland	.267-2500
Client Assistance Program	.914-682-3926
Epilepsy Society of Southern New York	.627-0627
Haitian-American Organization	.352-5897
Jewish Family Services	.354-2121
Lighthouse International	.888-222-9320
Mental Health Association of Rockland	.267-2172
NAMI-FAMILYA	.638-1451
NYS Commission for the Blind and Visually Handicapped	.914-993-5370
NYS Education Department -VESID	.426-5410
Planned Parenthood of Hudson/Peconic	.426-7577
Protection and Advocacy for the Developmentally Disabled (PADD)	.914-949-1305
Protection and Advocacy for Mentally Ill Individuals (PAMII)	.518-432-7861
Rockland Council on Alcoholism and Other Drug Dependencies, Inc	.639-7373
Rockland County Department of Mental Health	.364-2150
Rockland County D.S.S. Adult Services	.364-3571
Rockland County Office for People with Disabilities	.364-2758
Rockland Independent Living Center	.426-0707, TDD 426-1180
Russell E. Blaisdell Center	.359-8500
TOUCH	.268-8023
VCS Student Advocacy, Inc	.634-5729
YAI/Rockland County Association for the Learning Disabled	.358-5700

**ALL MALES, REGARDLESS OF DISABILITY, MUST REGISTER WITH SELECTIVE SERVICE AT AGE 18. FORMS ARE AVAILABLE AT LOCAL POST OFFICES.**

# Counseling

Counseling helps individuals cope with particular concerns and deal more effectively with the demands of adult life. Counseling on an individual or group basis can be provided by a professionally trained person (social worker, counselor or psychologist) or by someone sharing a common concern (self-help or peer counseling).



## Counseling

American Red Cross .....358-0833  
 Catholic Charities .....942-5791  
 Haitian-American Organization .....352-5897  
 Jewish Family Services .....354-2121  
 Rockland County Community  
 Mental Health Center .....364-2213

Rockland County D.S.S. Adult Services ...364-3571  
 Rockland County Office for People  
 with Disabilities .....364-2758  
 Rockland Family Shelter-Domestic Violence/  
 Sexual Assault .....634-3391  
 Volunteer Counseling Services of  
 Rockland County .....634-5729

## Health & Disability/Alcoholism/ Substance Abuse Counseling

Addiction Center of Rockland .....357-9017  
 Alcoholics Anonymous .....352-1112  
 A.R.C.S. ....356-0570  
 Association for the Visually Impaired ...574-5950  
 Daytop .....353-2730  
 Epilepsy Society of  
 Southern New York .....627-0627  
 Good Samaritan Hospital/Frawley Clinic .368-5222  
 Lighthouse International .....888-222-9320  
 Nyack Hospital .....348-2000  
 National Multiple Sclerosis Society .914-694-1655

NYS Commission for the Blind &  
 Visually Handicapped .....914-993-5370  
 Rockland County Department of  
 Mental Health .....364-2200  
 Rockland County Department of Mental  
 Health - Alcohol/Substance Abuse  
 Services .....356-4080  
 Russell E. Blaisdell Addiction Treatment  
 Center .....359-8500  
 TOUCH .....268-8023

## Psychiatric

Good Samaritan Hospital/Frawley Clinic .....368-5222  
 Mental Health Association of Rockland .....267-2172  
 Rockland Children's Psychiatric Center .....359-7400 x 4160  
 Rockland County Department of Mental Health .....364-2150  
 Rockland Psychiatric Center .....359-1000 x 3543

## Family Planning

Planned Parenthood of Hudson/Peconic .....426-7577

## Vocational Rehabilitation Counseling

Another Step .....920-0170  
 ARC of Rockland .....267-2500  
 Association for the Visually Impaired .....574-4950  
 Camp Venture Inc./Venture Industries .....624-3860  
 Epilepsy Society of Southern New York .....627-0627  
 Helen Hayes Hospital .....786-4000  
 Jawonio, Inc .....634-4648  
 Lighthouse International .....888-222-9320  
 NYS Commission for the Blind and Visually Handicapped .....914-993-5370  
 NYS Education Department -VESID .....426-5410  
 Rockland County D.S.S. Employment Unit .....364-2000  
 Rockland County Guidance Center .....358-9390  
 YAI/Rockland County Association for the Learning Disabled .....358-5700

**SUICIDE CRISIS HOTLINE**  
**364-2150**

# Self-Help Groups

Self-Help Groups provide information, emotional support and an opportunity for creative problem solving for individuals with common concerns. Groups may be started and run by individuals or organizations. Most groups are free, some charge a nominal fee. National and local Self-Help Clearinghouses keep an up-to-date list of self-help groups. In Rockland, the Clearinghouse is run by the Mental Health Association (MHA) in cooperation with the Department of Social Services. The MHA also has information on how to start a group, as well as training for potential group leaders.

<b>National Clearinghouse</b> .....	.212-817-1822
<b>Rockland Self-Help Clearinghouse</b> .....	.267-2172 Ext. 422

<b>Further information is available about:</b>	<b>Agency/Sponsor</b>	<b>Telephone #</b>
Addiction .....	Russell E. Blaisdell Center .....	359-8500
A.I.D.S .....	A.R.C.S .....	268-8023
Alcoholism .....	Alanon .....	727-2050
	Alcoholics Anonymous .....	352-1112
Attention Deficit Disorder .....	YAI/Rockland County Association for the Learning Disabled .....	358-5700
	CHADD .....	638-1987
Back Pain .....	Rockland Independent Living Center .....	426-0707
Behavioral Problems .....	Tough Love Association .....	352-2071
Brain Injury (Patients) .....	Helen Hayes Hospital .....	786-4219
Brain Injury (Families) .....	Helen Hayes Hospital .....	786-4998
Cancer .....	American Cancer Society .....	368-1251
Cardiac .....	Helen Hayes Hospital-Heart Club/American Heart Association .....	786-4200
Caregivers Group .....	Helen Hayes Hospital .....	786-4621
Cerebral Palsy .....	United Cerebral Palsy .....	638-2000
Chronic Pain Family Support .....	Helen Hayes Hospital .....	786-4155
Depression/Manic Depression .....	Mental Health Association of Rockland .....	639-7400
Developmental Disabilities .....	HVDDSO .....	947-6390
Diabetes .....	American Diabetes Association .....	800-232-3472
	Juvenile Diabetes Association .....	201-791-7155
Eating Disorders .....	Mental Health Association of Rockland .....	639-7400
Epilepsy .....	Epilepsy Society of Southern New York .....	627-0627
Families of Mentally Ill Young Adults .....	NAMI-FAMILYA .....	638-1451
Hearing Impairments .....	Deaf Club of RCC .....	800-421-1220
	Rockland Independent Living Center .....	426-0707
Head Injuries .....	NYS Brain Injury Association .....	786-4000
Learning Disabilities .....	YAI/Rockland County Association for the Learning Disabled .....	358-5700
Lupus .....	Lupus Foundation .....	354-0372
Lyme Disease .....	Lyme Disease Self-Help Group .....	364-2644
Muscular Dystrophy .....	Muscular Dystrophy Association .....	914-524-9240
Multiple Sclerosis .....	National Multiple Sclerosis Society/Helen Hayes Hospital .....	914-694-1655, 786-4446
Osteoporosis .....	Helen Hayes Hospital .....	786-4200
Pulmonary .....	Helen Hayes Hospital .....	786-4200
Seriously Emotionally Disturbed Youth .....	Mental Health Association of Rockland .....	267-2172
Stroke Club .....	Helen Hayes Hospital .....	786-4200
Visual Impairments .....	Association for the Visually Impaired .....	574-4950
	Lighthouse International .....	888-222-9320
<b>Peer Counseling Groups</b> .....	Rockland Independent Living Center .....	426-0707
	Volunteer Counseling Service/Rockland Student Advocacy .....	634-5729

# Case Management/Service Coordination

Persons with disabilities such as Autism, Cerebral Palsy, Emotional Handicaps, Epilepsy, Learning Disabilities, Mental Retardation, Neurological Impairments, or Traumatic Brain Injuries may be eligible for Case Management Services. A Case Manager will assist an individual in finding and assessing desired supports and services.

For information about qualification for service call:



Abbott House	914-591-7300
Another Step	920-0170
ARC of Rockland	267-2500
A.R.C.S	356-0570
Camp Venture Inc./Venture Industries	624-3840
Catholic Charities	942-5791
Crystal Run Village	368-8668
Epilepsy Society of Southern New York	627-0627
Haitian-American Organization	352-5897
HamaspiK of Rockland	356-8400
HVDDSO	947-6390
Jawonio, Inc	634-4648
Jewish Family Service	354-2121
Mental Health Association of Rockland	267-2172
Rockland County Department of Mental Health	364-2200
St. Dominic's Home	359-3400
SHARE of New Square.	354-3233
Tanglewood Acres	623-4780
TOUCH	268-8023
YAI/Rockland County Association for the Learning Disabled	358-5700
Yedei Chesed	425-7877

# Information/Referral

There are many agencies which can provide information, answer questions and direct an individual with a disability to the appropriate agency for service.

Abbott House	914-591-7300	NYS Education Department -VESID	426-5410
Alcoholics Anonymous	352-1112	NYS Commission for the Blind and Visually Handicapped	914-993-5370
American Cancer Society	368-1251	Planned Parenthood of Hudson/Peconic	426-7577
American Heart Association	369-1320	Rockland Council on Alcoholism and Other Drug Dependencies	639-7373
American Red Cross	358-0833	Rockland County D.S.S. Adult Protective Services	364-3571
ARC of Rockland	267-2500	Rockland County Department of Mental Health	364-2200
Arts Council of Rockland	426-3660	Rockland County Department of Social Services	364-2000
A.R.C.S.	356-0570	Rockland County Office for People with Disabilities	364-2758
Association for the Visually Impaired	574-4950	Rockland County Department of Mental Health-Alcohol/ Substance Abuse Service	356-4080
Camp Venture Inc./Venture Industries	624-3840	Rockland Independent Living Center	426-0707
Catholic Charities	942-5791	Russell E. Blaisdell Center	359-8500
Community Action Partnership	352-4167	Self-Help Clearinghouse of the Mental Health Association	267-2169
Epilepsy Society of Southern New York	627-0627	Tomorrow's Workplace	356-5100
Haitian-American Organization	352-5897	TOUCH	268-8023
HVDDSO	947-6390	United Way of Rockland	358-8929
Information Rockland	364-2020	VCS Rockland Student Advocacy	634-5729
Jawonio, Inc.	634-4648	YAI/Rockland County Association for the Learning Disabled	358-5700
Lighthouse International	888-222-9320		
Mental Health Association of Rockland	267-2172		

# List of Agencies Appearing in This Guide

## **Abbott House**

100 North Broadway  
Irvington, NY 10533  
914-591-7300  
Fax: 914-591-3301  
Y 10960  
348-2070

## **AIDS Related Community Service (A.R.C.S.)**

218 North Main Street  
Spring Valley, NY 10977  
356-0570 Fax: 356-0589

## **Alanon**

Nyack, NY  
727-2050

## **Alateen**

**Alcoholics Anonymous**  
PO Box 342  
New City, NY 10956  
352-1112

## **American Cancer Society**

One Executive Blvd. #206  
Suffern, NY 10901  
368-1251 Fax: 368-1255

## **American Heart Association**

at Good Samaritan Hospital  
255 Lafayette Avenue  
Suffern, NY 10901  
369-1320 Fax: 369-3801

## **American Red Cross**

143 North Broadway  
Nyack, NY 10960  
358-0833 Fax: 358-2365

## **Another Step**

23 W. Central Avenue  
Pearl River, NY 10965  
920-0170 Fax: 920-0173

## **ARC of Rockland**

25 Hemlock Drive  
Congers, NY 10920  
267-2500 Fax: 267-2589

## **Arts Council of Rockland County**

7 Perlman Drive  
Spring Valley, NY 10977  
426-3660 Fax: 426-3203

## **Association for the Visually Impaired**

260 Old Nyack Turnpike  
Spring Valley, NY 10977  
574-4950 Fax: 574-4944

## **BOCES Career Education Center**

65 Parrott Road  
West Nyack, NY 10994  
627-4770 Fax: 623-3412

## **BOCES Adult Education**

131 Midland Avenue  
Nyack, NY 10960  
348-3500 Fax: 348-3559

## **BOCES Special Education**

65 Parrott Road  
West Nyack, NY 10994  
627-4790 Fax: 627-6124

## **Camp Venture Inc./Venture Industries**

100 Convent Road  
Nanuet, NY 10954  
624-3860 Fax: 624-7064

## **Catholic Charities**

78 Hudson Avenue  
Haverstraw, NY 10927  
942-5791 Fax: 429-2938

## **CHADD**

White Plains, NY  
800-233-4050

## **Client Assistance Program Westchester Independent Living Center, Inc.**

200 Hamilton Avenue  
White Plains, NY 10607  
914-682-3926 (voice or TDD)  
Fax: 682-8518

## **CLUE-Rockland Hospital Guide**

140 Orangeburg Road  
Bldg. 1 Suite 204  
Orangeburg, NY  
680-5420 Fax: 680-5562

## **Community Action Partnership**

75 North Main Street  
Spring Valley, NY 10977  
352-4167 Fax: 352-5084

## **Crystal Run Village**

PO Box 127  
Tallman, NY 10982  
368-8668 Fax: 368-8676

## **Daytop**

620 Route 303  
Blauvelt, NY 10913  
353-2730

## **Disabilities Advocates**

5 Clinton Square  
Albany, NY 12207  
518-432-7861

## **Dominican College**

470 Western Highway  
Blauvelt, NY 10913  
359-7800 Fax: 359-2313

## **Eckerson Village**

164 East Eckerson Road  
Spring Valley, NY 10977  
368-2400 x 308 Fax: 368-2499

## **Epilepsy Society of Southern New York**

One Blue Hill Plaza, Suite 340  
PO Box 1745  
Pearl River, NY 10965  
627-0627 Fax: 368-5322

## **Frawley Clinic**

3 Campbell Avenue  
Suffern, NY 10901  
368-5222 Fax: 368-5322

## **Good Samaritan Hospital**

255 Lafayette Avenue  
Suffern, NY 10901  
368-5000

## **Haitian-American Cultural & Social Organization, Inc.**

32 Grove Street  
PO Box 477  
Spring Valley, NY 10977  
352-5897 Fax: 352-5971

## **Hamaspik of Rockland County**

58 Rt. 59, #1  
Monsey, NY 10952  
356-8400

## **Helen Hayes Hospital**

Route 9W  
West Haverstraw, NY 10993  
786-4000 Fax: 786-4468

## **Hispanic Coalition of Rockland Cty. HOGAR, Inc.**

49 West Broad Street  
Haverstraw, NY 10927

## **Hudson Valley Council of the Boy Scouts of America (BSA)**

PO Box 374  
2130 Rt. 94  
Salisbury Mills, NY 12577  
497-7337 Fax: 497-7355

## **Hudson Valley Developmental Disabilities Services Office (DDSO)**

PO Box 470  
9 Wilbur Road  
Thiells, NY 10984  
947-6390 Fax: 947-6414

## **Information Rockland**

R.C. Dept. of Social Services  
Sanatorium Road, Bldg. C  
Pomona, NY 10970  
364-2020

## **Intercommunity Relation Council**

95 North Main Street  
Spring Valley, NY 10977  
352-5808 Fax: 352-2259

**J.C.C.Y.**  
900 Route 45  
New City, NY 10956  
362-4400 Fax: 362-5107

**Jawonio, Inc**  
260 North Little Tor Rd.  
P O Box 312  
New City, NY 10956  
634-4648 Fax: 634-7731

**Jewish Family Service**  
900 Rt. 45  
New City, NY 10956  
354-2121

**Legal Aid Society of Rockland County**  
2 Congers Road  
New City, NY 10956  
634-3627 Fax: 634-8505

**Legal Services of Hudson Valley**  
4 Cromwell Place  
White Plains, NY 10601  
914 949-1305 Fax: 914 949-6213

**Lighthouse International**  
170 Hamilton Avenue  
White Plains, NY 10601  
888-222-9320, 914-683-7500  
Fax: 914 686-5866

**Loeb House**  
One Blue Hill Plaza  
Pearl River, NY 10965  
735-0515 Fax: 735-0750

**Mental Health Association of Rockland County, Inc.**  
706 Executive Drive Suite E  
Valley Cottage NY 10989  
267-2172 Fax: 267-2169

**NAMI-FAMILYA**  
PO Box 635  
Orangeburg, NY 10962  
359-8787 Fax: 359-8315

**National Self-Help Clearinghouse**  
365 5th Ave, Suite 3300  
New York, NY 10016  
212-817-1822 Fax: 212-817-1561

**National Multiple Sclerosis Society**  
2 Gannett Drive  
White Plains, NY  
914-694-1655 Fax: 914-694-1656  
at Helen Hayes Hospital  
786-4446

**NY Special Olympics**  
PO Box 324  
Thiells, NY 10984  
947-6197 Fax: 947-6240

**Nyack College**  
One South Boulevard  
South Nyack, NY 10960  
358-1710 Fax: 358-3047

**NYS Brain Injury Association**  
Helen Hayes Hospital  
51-55 N. Rt. 9W  
West Haverstraw, NY 10993  
786-4000

**Nyack Hospital/Recovery Service**  
160 Midland Avenue  
Nyack, NY 10960  
348-2000

**NYS Commission for the Blind and Visually Handicapped**  
445 Hamilton Ave. Suite 503  
White Plains, NY 10601  
914 993-5370,  
TTY: 914 993-5327  
Fax: 914 993-0238

**NYS Department of Labor**  
11 Perlman Drive  
Spring Valley NY 10977  
426-2709

**NYS Education Department VESID**  
15 Perlman Drive  
Pascack Plaza  
Spring Valley, NY 10977  
426-5410 TTY: 426-5430  
Fax: 426-5427

**Palisades Interstate Park Com.**  
Recreation Office  
Administration Bldg.  
Bear Mountain, NY 10911  
786-2701

**Planned Parenthood of Hudson/Peconic**  
25 Perlman Drive  
Spring Valley, NY 10977  
426-7577 Fax: 426-6006

**Regional Technology Center**  
Lower Hudson Valley  
Westchester Inst. for Human Devel.  
Cedarwood Hall – 443  
Valhalla, NY 10595  
914-493-1317 Fax: 914-493-1973

**Rockland Children's Psychiatric Center**  
599 Convent Road  
Orangeburg, NY 10962  
359-7400 x 4160

**Rockland Community College**  
145 College Road  
Suffern, NY 10901  
574-4000

**Rockland Community Development Council, Inc.**  
22 Main Street  
Monsey, NY 10952  
352-1400

**Rockland Council of Alcoholism and Other Drug Dependencies**  
20 Squadron Blvd  
New City, NY 10956  
639-7373 Fax: 639-0873

**Rockland County Department of Mental Health**  
Crisis Services & Assessment  
Dr. Robert Yeager Health Center  
Sanatorium Road - Bldg. D  
Pomona, NY 10970  
364-2213, 2215, 2216 (business hours)  
364-2200 (assessment - 24 hours)

**Rockland County Commission on Human Rights**  
50 Sanatorium Road - Bldg. P  
Pomona, NY 10970  
364-2199 Fax: 364-2198

**Rockland County Department of Social Services**  
Dr. Robert Yeager Health Center  
Sanatorium Road Bldg. L  
Pomona, NY 10970  
364-2000

**Adult Protective Services-Bldg. C**  
364-3571  
**Child Protective Services-Bldg. C**  
364-3512, 800-342-3720 (Albany)  
**Emergency Shelter-Bldg. C**  
364-2907  
**Employment Unit-Bldg. L**  
364-3143

**Rockland County Department of Health**  
Dr. Robert Yeager Health Center  
Sanatorium Road, Bldg. D  
Pomona, NY 10970  
364-2513 (Administration)  
364-2520 (Public Health Clinic)  
364-2577 (WIC) Women, Infants & Children

**Rockland County Department of Mental Health Alcohol/Substance Abuse**  
50 A South Main Street  
Spring Valley, NY 10977  
356-4080

**Rockland County Department of Public Transportation**  
Half Fare-364-2059  
TOR(Transport of Rockland)  
364-2064, 634-1100  
T.R.I.P.S. 354-8181

**Rockland County Girl Scouts Council, Inc.**  
211 Red Hill Road  
New City, NY 10956  
638-0438 Fax: 638-2804

**Rockland County Guidance Center**  
83 Main Street  
Nyack, NY 10960  
358-9390 Fax: 358-4980

**Rockland County Infirmary  
Summit Park Hospital &  
Nursing Care Center**  
Sanatorium Road Bldg A  
Pomona, NY 10970  
364-2771 (Infirmary)  
364-2772 (Hospital) Fax: 36403602

**Rockland County Office for  
People with Disabilities**  
Dr. Robert Yeager Health Center  
50 Sanatorium Road - Bldg. A  
Pomona, NY 10970  
364-2758 TTY: 364-1037 Fax: 364-3907

**Rockland County Police Athletic  
League (PAL)**  
47 Main Street  
Haverstraw, NY 10927  
942-2098

**Rockland County Probation Dept.  
PINS**  
11 New Hempstead Road  
New City, NY 10956  
638-5544

**Rockland County Public Defender**  
19 Squadron Boulevard  
New City, NY 10956  
638-5660 Fax: 638-5867

**Rockland Family Shelter**  
2 Congers Road  
New City, NY 10956  
634-3391 Hotline: 634-3344  
Fax: 634-3396

**Rockland Independent Living Center**  
230 North Main Street  
Spring Valley, NY 10977  
426-0707, TTY: 426-1180 Fax: 426-0989

**Rockland Psychiatric Center**  
140 Old Orangeburg Road  
Orangeburg, NY 10962  
359-1000

**Russell E. Blaisdell Addiction  
Treatment Center**  
Rockland Psychiatric Center, Bldg. 57  
Orangeburg, NY 10962  
359-8500 Fax: 680-5510

**Salvation Army**  
440 West Nyack Road  
West Nyack, NY 10994  
620-7200 Fax: 620-7766

**S.H.A.R.E. of New Square**  
13 Buchanan Road  
Spring Valley, NY 10977  
354-3233 Fax: 267-2169

**Self-Help Clearinghouse of  
Mental Health Association**  
706 Executive Drive  
Valley Cottage, NY 10989  
267-2172 x 22 Fax: 639-7419

**Social Security Administration**  
240 West Nyack Road  
West Nyack, NY 10994  
800-772-1213

**St. Dominic's Home**  
500 Western Highway  
Blauvelt, NY 10913  
359-3400 Fax: 359-4253

**STAC Exchange  
St. Thomas Aquinas College**  
125 Route 340  
Sparkill, NY 10976  
398-4230 Fax: 398-4229

**Student Advocacy, Inc.**  
3 West Main Street  
Elmsford, NY 10523  
914-347-7039 Fax: 914-347-6382

**Summit School/Summit Children's  
Residence Center**  
339 North Broadway  
Nyack, NY 10960  
358-7772 Fax: 358-1270

**SUNY Empire State College**  
240 North Main Street  
New City, NY 10956  
708-7010 Fax: 708-7013

**Tanglewood Acres**  
724 South Pascack Road  
Chestnut Ridge, NY 10977  
623-4780

**Together Our Unity Can Heal-  
TOUCH**  
209 Route 9W  
Congers, NY 10920  
268-8023 Fax: 268-8026

**Tomorrow's Workplace**  
One Perlman Drive  
Spring Valley, NY 10977  
356-5100 Fax: 356-5949

**Town of Clarkstown Parks &  
Recreation**  
31 Zukor Road  
New City, NY 10956  
639-6200 Fax: 639-6215

**Town of Haverstraw Parks &  
Recreation**  
1 Rosman Road – Bowline  
Garnerville, NY 10923  
429-2200 Fax: 429-4701

**Town of Orangetown Parks &  
Recreation**  
81 Hunt Road  
Orangeburg, NY 10962  
359-6503 Fax: 359-6911

**Town of Ramapo Parks & Recreation**  
59 Campbell Avenue  
Suffern, NY 10901  
357-6100 Fax: 357-8169

**United Way of Rockland**  
135 Main Street  
Nyack, NY 10960  
358-8929 Fax: 358-8250

**Village of Spring Valley  
Parks & Recreation**  
Memorial Park Drive  
Spring Valley, NY 10977  
352-2005

**VISIONS - Vacation Camp for the  
Blind**  
500 Greenwich Street –3rd Floor  
New York, NY 10013  
212-625-1616 Fax: 212-219-4078

**Volunteer Counseling Service  
Rockland Student Advocacy**  
77 South Main Street  
New City, NY 10956  
634-5729 Fax: 634-7839

**Yedei Chesed**  
2A Melnick Drive  
Monsey, NY 10952  
425-7877 Hotline: 425-4567  
Fax: 425-5061

**Young Adult Institute/  
Rockland County Association  
for the Learning Disabled**  
2 Crosfield Avenue, Suite 411  
West Nyack, NY 10994  
358-5700 Fax: 358-6119

**YMCA of Nyack**  
35 South Broadway  
Nyack, NY 10960  
358-0245 Fax: 358-1360

**YMCA of Suffern**  
91 Washington Avenue  
Suffern, NY 10901  
357-4404

The member agencies of the following consortiums have provided assistance in the preparation, publication and distribution of REACHING for the FUTURE. These member agencies are included in the listings found in this reference booklet.



## *Rockland Transition Consortium*

The Consortium consists of representatives from Rockland County School Districts and non-profit organizations who are committed to providing the Special Education student with a smooth transition from school to work, children's services to adult services, and home to the community at large.

For information, contact Judy Hoffman at 627-4811.

**ROCKLAND BOCES**  
BOARD OF COOPERATIVE EDUCATIONAL SERVICES

## **Special Education Division**

Brings together the collective energy of the child, family, school and community to realize the full potential of each child becoming a productive and integral member society.

For more information, contact Catherine O'Brien at 627-4749.



## *Rockland Employment Network*

The Rockland Employment Network is a consortium of service providers committed to meeting the staffing needs of the Rockland business community by supplying qualified candidates to interview for open positions, and serving as a resource for businesses in the community.

For information, contact Anita Peckins at 364-2758.

*Reaching for the Future* is made possible through the support of the Hudson Valley Transition Coordination Site and the Rockland BOCES Special Education Division.